

## 2024 NNEdPro and Associated Initiatives Calendar

### **NNEdPro Hosted Events**

*Events NNEdPro will be participating in*

#### **January:**

- **Third Imperial Nutritank Conference** [27<sup>th</sup> January]

#### **February:**

- **Culinary Nutrition Education Session Dundee & Angus College with Support from EIT Food** [21<sup>st</sup> February]
- **IANE & NNEdPro Webinar: “At Scale Long Term Condition Management in Primary Care Using Nutrition and Lifestyle Coaching”** (22<sup>nd</sup> February) *IANE members only*
- **NNEdPro India Workshop on Indigenous Diets and EAT Lancet Recommendations** AICRS Hospital, Sreebhumi Kolkata [26<sup>th</sup> February]

#### **March:**

- **NNEdPro India field activities & workshops**
- **Smily Conference in Assam** [20 – 26 March]
- **Culinary Nutrition Education Session Dundee & Angus College with Support from EIT Food** [27<sup>th</sup> March]

#### **April:**

- **NNEdPro-Cambridge Summer School & Foundation of Applied Human Nutrition (2<sup>nd</sup> Cohort for 2024)** [10<sup>th</sup> & 11<sup>th</sup> April]
- **Webinar on ‘Mindful Selfcare for Leadership’** [19<sup>th</sup> April] *CREATE members only*
- **Values in Selfcare for Leadership session: Course 1: Rediscovering and renewing my Inner Values** [26<sup>th</sup> April] *CREATE members only*
- **IANE & NNEdPro Webinar: “The RISTOLAB practice model: merging chefs' and researchers' insights to craft sustainable menus”** (30<sup>th</sup> April) *IANE members only*

#### **May:**

- **Culinary Nutrition Education session series of workshops at Dundee & Angus College with Support from EIT Food** [8<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> May]
- **Values in Selfcare for Leadership session: Course 2: Time out to Refresh and De-stress** [10<sup>th</sup> May] *CREATE members only*
- **Values in Selfcare for Leadership session: Course 3: Enhancing Positive Interaction** [24<sup>th</sup> May] *CREATE members only*
- **Graduate Studies Forum with NNEdPro PhD and other research students**
- **BSLM Virtual Seminar -** [28<sup>th</sup> May]

#### **June:**

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- **RSM Nutrition in MedEd Virtual Conference: "Transforming Health: The Role of Nutrition in Medical Education"** [4<sup>th</sup> June] open to attendees
- **Values in Selfcare for Leadership session: Course 4: Unlocking your Key to Compassion** [7<sup>th</sup> June] *CREATE members only*
- **IANE & NNEdPro Webinar:** "The importance of optimal B-vitamin status for health across the lifecycle" (11<sup>th</sup> June) *IANE members only*
- **Culinary Nutrition Education session at Dundee & Angus College & Support from EIT Food** [12<sup>th</sup> June]
- **Quadram Institute Bioscience Seminar** [20<sup>th</sup> June]
- **Values for Selfcare for Leadership session: Course 5: Appreciating your Contribution** [21<sup>st</sup> June] *CREATE members only*

#### July:

- **NNEdPro-IANE 10<sup>th</sup> International Summit on Food, Nutrition & Health | Pre-Summit Event: Democratising & Decolonising Food & Nutrition - From Science to Society - Workshop & Roundtable Discussion, Belfast** [1<sup>st</sup> July]
- **Nutrition Society Congress** [2<sup>nd</sup> to 5<sup>th</sup> July] *deadlines for Abstracts: 29<sup>th</sup> April*
- **Values in Selfcare for Leadership session: Course 6: Valuing yourself: Exploring self-care and self-esteem** [5<sup>th</sup> July] *CREATE members only*
- **WHO Collaborating Centre on Public Health at Imperial & CREATE Global E-Academy Online Leadership Training** (9<sup>th</sup> & 10<sup>th</sup> July. *Registration required*)
- **Values in Selfcare for Leadership session: Course 7: Developing Resilience: the key to self-management** [19<sup>th</sup> July] *CREATE members only*
- **SNEB International Conference 2024 in Knoxville, TN** [29<sup>th</sup> July to 1<sup>st</sup> August] *Earlybird Registration deadline: May 1, 2024. Deadlines for Abstracts: March 1, 2024*
- **The Confluence Event: Scotland** [Date TBA]

#### August:

- **MTK UK Next Steps and Micro-entrepreneurship Training** [28<sup>th</sup> August]
- **IANE & NNEdPro Webinar** (Date TBC) *IANE members only*

#### September:

- **BSLM Annual Conference for Lifestyle Medicine** in Newcastle Gateshead [19 – 21 September]
- **NNEdPro-Cambridge Summer School & Foundation of Applied Human Nutrition (2<sup>nd</sup> Cohort for 2024)** [23<sup>rd</sup> & 24<sup>th</sup> September]
- ***Annual NNEdPro-IANE Awards Symposium on partnership with the TIFN Trust*** [25<sup>th</sup> September] - by invitation in Cambridge
- ***CREATE Global Leadership Academy 1<sup>st</sup> Anniversary & Annual Training Day*** [26<sup>th</sup> September] - by invitation in Cambridge

#### October:

- ***Workshop & Roundtable discussions with WHO CC and Nutritank at Imperial College London focused on Medical Nutrition Education***
- **IANE & NNEdPro Webinar** (Date TBC) *IANE members only*

#### November:

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- **Annual Symposium & Graduate Studies Forum with Ulster University** (*academic exchange between NNEdPro, Auckland University and Ulster University*)

**December:**

- **NNEdPro-IANE 10<sup>th</sup> International Summit of Food, Nutrition & Health - Democratising & Decolonising Food & Nutrition: From Science to Society** [*17<sup>th</sup> to 20<sup>th</sup> December*] in Kolkata, India
- **IANE & NNEdPro Webinar** (*Date TBC*) *IANE members only*

**Other Calendar Dates for 2024:**

**January**

- New Year [1<sup>st</sup> January]
- Chinese New Year [25<sup>th</sup> January]
- World Leprosy Day [28<sup>th</sup> January]

**February**

- Low Vision Awareness Month
- International Prenatal Infection Prevention Month
- World Cancer Day [4<sup>th</sup> February]
- Eating Disorders Awareness Week [28<sup>th</sup> February – March 5<sup>th</sup>]

**March**

- World Obesity Day [4<sup>th</sup> March]
- International Women's Day [8<sup>th</sup> March]
- Ramadan begins [March 10 – April 8]
- Nutrition and Hydration Week [11<sup>th</sup> – 18<sup>th</sup> March]
- Healthcare Science Week [11<sup>th</sup> – 15<sup>th</sup> March]
- World Kidney Day [14<sup>th</sup> March]
- St. Patrick's Day (Ireland) [17<sup>th</sup> March]
- World Sleep Day [15<sup>th</sup> March]
- Good Friday [29<sup>th</sup> March]
- Doctors' Day [30<sup>th</sup> March]
- Easter Day [31<sup>st</sup> March]

**April**

- Stress Awareness Month
- World Autism Awareness Day [2<sup>nd</sup> April]
- World Health Day [7<sup>th</sup> April]
- Eid Al Fitr – “Festival of Breaking Fast”; marks the end of Ramadan [9<sup>th</sup> April]
- World Malaria Day [25<sup>th</sup> April]

**May**

- World Hand Hygiene Day [5<sup>th</sup> May]
- World Red Cross Day [8<sup>th</sup> May]
- Mental Health Awareness week [week of 13<sup>th</sup> – 19<sup>th</sup> May]
- World Salt Awareness Week [13 – 19 May]
- Mother's Day [12<sup>th</sup> May]
- International Nurses Day [12<sup>th</sup> May]
- Learning At Work Week [13<sup>th</sup> – 19<sup>th</sup> May]
- International Day against Homophobia, Biphobia, and Transphobia [17<sup>th</sup> May]
- International Day of Action for Women's Health [28<sup>th</sup> May]
- World No Tobacco Day [31<sup>st</sup> May]

**June**

- Pride Month
- International Children's Day [1<sup>st</sup> June]

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- **World Environment Day** [5<sup>th</sup> June]
- **Volunteers Week** [1<sup>st</sup> – 7<sup>th</sup> June]
- **Healthy Eating Week** [12<sup>th</sup> – 16<sup>th</sup> June]
- **Men's Health Week** [week of 12<sup>th</sup> – 18<sup>th</sup> June]
- **World Blood Donor Day** [14<sup>th</sup> June]
- **Father's Day** [16<sup>th</sup> June]
- **Eid-Al-Adha** [17<sup>th</sup> June "Festival of Sacrifice"]
- **World Refugee Day** [20<sup>th</sup> June]
- **National Windrush Day** [22<sup>nd</sup> June]
- **World WellBeing Week** [26<sup>th</sup> – 30<sup>th</sup> June]

### July

- **World Population Day** [11<sup>th</sup> July]

### August

- **International Day of the World's Indigenous People** [9<sup>th</sup> August]
- **International Youth Day** [12<sup>th</sup> August]

### September

- **World Sexual Health Day** [4<sup>th</sup> September]
- **World Suicide Prevention Day** [10<sup>th</sup> September]
- **Malnutrition Awareness Week** [16 – 20<sup>th</sup> September]
- **World Alzheimer's Day** [21<sup>st</sup> September]
- **World Heart Day** [29<sup>th</sup> September]

### October

- **National Cholesterol Month**
- **Rosh Hashanah Begins** [2-4 October – "Jewish New Year"]
- **World Mental Health Day** [10<sup>th</sup> October]
- **Yom Kippur Begins** [11<sup>th</sup> – 12<sup>th</sup> October – "Day of Atonement"]
- **Allied Health Professions (AHPs') day** [14<sup>th</sup> October]
- **World Food Day** [16<sup>th</sup> October]
- **World Osteoporosis Day** [20<sup>th</sup> October]
- **Halloween** [31<sup>st</sup> October]

### November

- **Diwali** [1<sup>st</sup> November]
- **World Diabetes Day** [14<sup>th</sup> November]
- **International Men's Day** [19<sup>th</sup> November]
- **International Day for the Elimination of Violence Against Women** [25<sup>th</sup> November]

### December

- **World AIDS Day** [1<sup>st</sup> December]
- **International Day of Persons with Disabilities** [3<sup>rd</sup> December]
- **International Volunteers Day** [5<sup>th</sup> December]
- **Human Rights Day** [10<sup>th</sup> December]
- **Christmas Day** [25<sup>th</sup> December]
- **Hanukkah** 25<sup>th</sup> December – 2<sup>nd</sup> January]

➤ New Year's Eve [31<sup>st</sup> December]