

Programme at a Glance

Wednesday, 10 December - Day 1		
Afternoon	Half-Day Special Symposium	This half-day Special Symposium will include a welcome address, a recap of key findings and impacts from the previous summit, and a keynote on "Target 2030 - Food and Nutrition Policy: From Human to Planetary Health." The event will feature breakout sessions focused on emerging issues in food and nutrition policy, followed by a Mini Symposium with expert panels, individual presentations, and an interactive Q&A.
Thursday, 11 December - Day 2		
Full Day	Human Health Focus	<p>The first full day of the Summit, focused on Human Health, will begin with an opening ceremony and speeches from dignitaries. The plenary session will cover nutrition policies impacting human health, precision nutrition, and sustainable food systems, followed by two Mini Symposia presenting the latest research and policy recommendations.</p> <p>After a recap of the pre-summit event at Ulster University, the day will include networking during lunch, interactive breakout sessions on nutrition strategies, and two further Mini Symposia exploring cutting-edge topics in human health and nutrition.</p>
Evening	Gala Dinner & Confluence <i>[ticket-holders only]</i>	Networking dinner with Special recognitions and cultural engagement.
Friday, 12 December - Day 3		
Full Day	Planetary Health Focus	<p>The second full day of the Summit, focusing on Planetary Health, will begin with a plenary session on sustainability, climate change, and food security policies. Two Mini Symposia will explore planetary health, food systems transformation, and global policies, followed by a recap of insights from the pre-summit event in Belem on food security and sustainability.</p> <p>The day will feature networking opportunities during lunch, breakout sessions on aligning food policies with planetary health goals, and two Mini Symposia which will conclude with discussions on environmental sustainability and policy integration.</p>
Saturday, 13 December - Day 4		
Morning	Global Youth Essay Competition & Festival of Ideas	<p>The last half-day of the Summit will feature the announcement of the BMJ Poster Competition winners, recognising outstanding contributions in research and policy.</p> <p>The Festival of Ideas presentations will showcase innovative ideas for future food and nutrition policies, followed by a poster exhibition and networking session to encourage collaborations and future project discussions.</p>

Please note, the programme and speakers are subject to change.